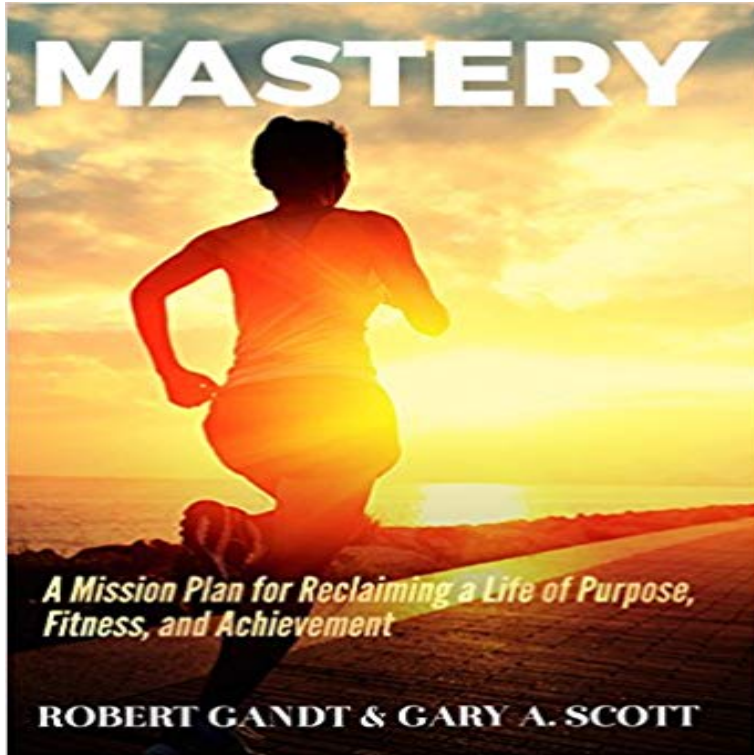


# MASTERY: A Mission Plan for Reclaiming a Life of Purpose, Fitness, and Achievement



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