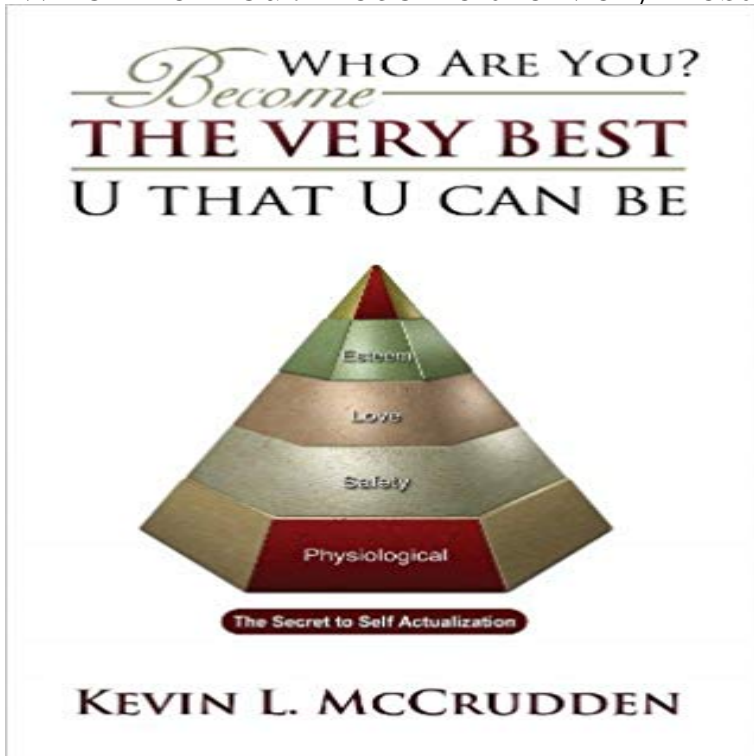


Who Are You? Become the Very Best U That U Can Be



How would you like to learn more about yourself and literally become the very best U that U can be? Kevin McCrudden introduces The 21st Century Multidimensional Hierarchy of Needs and the most significant addition to Maslows Hierarchy of Needs in 60 years. You will learn how to: *Evaluate your nature to become your truer self* Embrace the power of your potential. You will discover how to: *Evaluate the many dimensions of your life and behaviors that will help you find balance in your life. This work builds upon the genius of Dr. Abraham Maslows Hierarchy of Needs and brings it into the 21st Century. You will be surprised how this book will bring you a little closer to the seemingly unattainable goal of self actualization.

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